

## *Name Calling: Lesson One*

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**Lesson Title:** Stop Name Calling at Our School

**Objective:** To encourage student reflection about the problem of name-calling and ways to address it

**Grade:** 6/8 **Time:** 25-30 minutes

**Materials:** Board and Marker, Being Productive Sheet

1. Tell the class that this is the national 'No Name Calling Week.'
2. Ask the students: What does it mean to treat others with respect? (treat others the way you would like to be treated) Is calling people names respectful? How does calling people names or roasting sometimes start fights?
3. Ask students to raise their hands or stand if they have never been called a name. Note the pervasiveness of name-calling in their lives and how it is often taken for granted as normal. Write one or more of the following phrases on the board:  
Sticks and stones may break my bones, but names will never hurt me.  
Boys will be boys.  
Teasing is just a natural part of growing up.  
It's just a joke--everyone says it
4. Discuss these sayings with the class. Ask why they agree or disagree with these statements.
5. Have students get out a piece of paper and pencil.
6. Ask the students to: a) Name two reasons why people call others names. b) Name two ways people feel when they are called names. c) Name two bad things that happen when people are called names.
7. Ask the students to share their answers with the class.
8. Review respect and the effects of name calling.

## *Name Calling: Lesson Two*

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**Lesson Title:** Stop Name Calling at Our School

**Objective:** To encourage student reflection about the problem of name-calling and ways to address it

**Grade:** 6/8 **Time:** 25-30 minutes

**Materials:** Board and Marker, Being Productive Sheet

1. Review respect and the effects of name calling.
2. Ask students to write about a time when someone called another person a name. When they are done, have them to answer these questions:

Why did the person call the person the name?

Was the name caller a bully?

How did the person feel when they were called the name?

What did the person do when they were called the name? Was this a good response to name-calling?

Did anyone help the person when they were called the name?

3. Have a few students share their answers with the class.
4. Ask the students what we can do at our school to prevent name-calling. Write the answers on the board.
5. Ask the students to: a) Name two reasons why people call others names. b) Name two ways people feel when they are called names. c) Name two bad things that happen when people are called names.
6. Ask the students to share their answers with the class.
7. Introduce these three strategies to stop name-calling.

Speak Out

Help Others When They Are Called Names

Get Adult Help

8. Review how being respectful means you don't call people names and the three strategies to stop name-calling.